

**Monday**

	<b>ROOM A</b>	<b>Teacher</b>		<b>ROOM B</b>	<b>Teacher</b>
4:00-4:45	PRE-BALLET/PRE-ACROBATS COMBO (3-5 yrs)	Miss Lori	4:15-4:45	STRENGTH/CONDITIONING & LEAPS/TURNS/TECHNIQUE II-III	Reagan/Paige/ Alyssa
4:45-5:30	BALLET II (7-9 yrs)	Miss Lori	4:45-5:30	TUMBLING/JUMPS/TRICKS III-IV*	Reagan/Paige/ Alyssa
5:30-6:15	HIP-HOP II (7-9 yrs)	Miss Lori	5:30-6:15	LYRICAL I (5-8 yrs)	Miss Amy
6:30-7:00	PRE-BALLET (3-5 yrs)	Miss Lori	6:15-6:45	TAP II-III PRODUCTION (8-11 yrs)	Miss Amy
7:00-7:30	PRE-JAZZ (3-5 yrs)	Miss Lori	6:45-7:30	TAP FUSION PRODUCTION III-IV (PERMISSION)	Miss Amy
7:30-9:15	JUNIOR ELITE (Spring Audition)	Miss Sarah	7:30-8:15	BALLET/LYRICAL III (10 & up)	Miss Amy

**Tuesday**

	<b>ROOM A</b>	<b>Teacher</b>		<b>ROOM B</b>	<b>Teacher</b>
4:15-5:00	CONTEMPORARY (III-IV) (10 & up)	Miss Haleigh	4:15-5:00	BALLET I (5-8 yrs)	Miss Lori
5:00-6:15	MINI COMPETITION TEAM (4th-6th) Spring Auditions	Miss Lori	5:00-5:45	LYRICAL II (7-10 yrs)	Miss Haleigh
6:15-7:00	TINY COMPETITION TEAM (K-3RD) Spring Audition	Miss Lori	5:45-6:30	HIP-HOP I-II (6-9 yrs)	Miss Haleigh
7:00-8:30	SENIOR EXPRESSIONS (Audition) JAZZ/HIP HOP	Miss Lori/Torre/ Sarah	6:30-7:15	JAZZ I-II (5-8 yrs)	Miss Brianne
8:30-9:30	SENIOR EXPRESSIONS (Audition) CONTEMPORARY	Miss Heather & Guest Artists	7:15-7:45	STRENGTH/CONDITIONING III-IV*	Miss Brianne
			7:45-8:30	LYRICAL/CONTEMPORARY (Teen)	Miss Haleigh
			8:30-9:15	JAZZ (Teen)	Miss Haleigh

**Wednesday**

	<b>ROOM A</b>	<b>Teacher</b>		<b>ROOM B</b>	<b>Teacher</b>
4:15-5:15	CLASSICAL BALLET IV (PERMISSION)	Miss Chelle	4:00-4:30	PRE-JAZZ (3-5 yrs)	Miss Heather
5:15-6:00	LEAPS/TURNS/TECHNIQUE IV (PERMISSION)*	Miss Chelle	4:30-5:15	JAZZ II-III (8-12 yrs)	Miss Heather
6:00-7:00	STRENGTH/CONDITIONING/ CONTEMPORARY & ROTATING STYLES (PERMISSION)*	Miss Heather & Guest Artists	5:15-6:00	TUMBLING I-II (6-11 yrs)	Miss Heather
7:00-8:00	CLASSICAL BALLET V (PERMISSION)	Miss Chelle	6:00-7:00	CLASSICAL BALLET III (PERMISSION)	Miss Chelle
8:00-9:15	CLASSICAL BALLET/POINTE (ADV) (PERMISSION)	Miss Chelle	7:00-7:45	CONTEMPORARY III (9 & up)	Miss Heather
			7:45-8:30	CLASSICAL BALLET II (7-10 yrs)	Miss Heather
			8:30-9:00	SOLO CLEANING (BY REQUEST)	

**Thursday**

	<b>ROOM A</b>	<b>Teacher</b>		<b>ROOM B</b>	<b>Teacher</b>
4:15-5:00	LYRICAL II (7-10 yrs)	Miss Brianne	4:15-5:00	JAZZ I (5-8 yrs)	Miss Selah
5:00-5:45	POM II-III (7-11 yrs)	Miss Brianne	5:00-5:45	BALLET I (5-8 yrs)	Miss Selah
5:45-6:30	HIP-HOP III (10 & up)	Miss Haleigh	5:45-6:30	HIP-HOP II (7-10 yrs)	Miss Brianne
6:30-7:15	LYRICAL III (10 & up)	Miss Brianne	6:30-7:00	TAP PRE/I (4-7 yrs)	Miss Amy K
7:15-7:45	STRENGTH/CONDITIONING	Miss Haleigh	7:00-7:30	ACROBATS PRE/I (3-6 yrs)	Miss Amy K
7:45-9:00	JR. TEAM B (Spring Audition)	Coach Brianne	7:30-8:15	JAZZ III (10 & up)	Miss Amy K
			8:15-9:00	HIP-HOP IV (teen)	Miss Haleigh

\*No recital pieces for Strength & Conditioning or Leaps & Turns classes—technique only

30 minute class	\$40 per month	Tiny Expressions	\$50 per month
45 minute class	\$47 per month	Mini Expressions	\$65 per month
60 minute class	\$52 per month	Junior Expressions A	\$75 per month
75 minute class*	\$57 per month	Junior Expressions B	\$65 per month
Private Lessons:	\$45 60 minutes	Senior Expressions	\$55 per month
	\$30 30 minutes	(Contemporary)	
		Senior Expressions	\$70 per month
		(Jazz/Hip-Hop)	
		Registration Fee:	\$35 per child

Studio policy brochure will be sent out in early August. Please understand that some levels may change and cannot be determined until the bulk of registrations are in. We want the best for the dancers so age, ability and technique will be considered when finalizing a students schedule.

- \* Classes must have six participants to remain open.
- \* Once class size is determined, we may switch rooms for better accommodations.
- \* Private lessons can be scheduled w/requested teacher throughout the year. Student teachers are also available & can work out a time convenient for students/ instructors.
- \* Combo classes = 1 recital piece

Open House—Registration  
August 19 & 27 6:00-8:00 pm

- \* You can register at the open house or online
- \* T-shirts and other dance merchandise for sale
- \* We can size you for your new dance shoes and they'll be ready by the first class

**CLASSES BEGIN  
MONDAY, SEPTEMBER 8**

Please scan the QR code to register for class:



## Class Definitions

Descriptions to help you find the best class for your child's interest...

**HIP HOP** - as seen on videos, current dance craze, to each their own style & interpretation (could be slow or moderate pace, your interpretation of the vibe) latest street styles popping/locking/breaking. Stalls, stunts and tricks incorporated. YouTube SYTYCD hip hop videos for reference.

**POM/FUNK** - while working on sharp technique & powerful movement the dancers will explore loosening up when adding funky hip hop elements.

**BALLET** - technical basis for all style of dance, slower paced, high level of discipline, graceful, softer movement, use of ballet barre. Most beneficial for the serious dancer, will give you a strong technical basis for any style of dance.

**CLASSICAL BALLET** - See above, but a more advanced level with main emphasis at the barre for 75% of the year. Barre routine created, memorized for majority of year. Recital piece then learned quickly, must pick up choreography quickly. Select advanced dancers may be invited to go on pointe' once reach appropriate technique and body alignment. Must have teacher's permission, be of age and years of experience. Very disciplined in all aspects of class, attire and attendance.

**JAZZ** - wide variety of style (could explore various types from classical to sassy to quirky) of rhythms plus leaps, turns, kicks, combinations, floor work, "boogying down" as we tell the younger ones. **NEW forms of jazz offered specifically~ MUSICAL THEATRE** with Lori will be offered. This is a form of **theatrical** performance that combines songs or lip syncing, spoken dialogue, acting, props, staging and dance. Broadway shows of all types will be explored. **FOSSÉ JAZZ** with Molly will also be offered. This is a class with heels that has become very popular & we have interest with those wanting to pursue Broadway in their future or the ROCKETTES. Dancers must have a background in ballet and strong technique for this FOSSE class. Recommendation (but does not have to be exact) for heels- Latin Dance Shoes/Salsa Ballroom (could say Wedding Dancing Shoes). Amazon 2 inch or 2.5 heel. Must have buckle. Capezio brand is an option. Shoes do not have to match anyone else in class and they do not have to be top of the line. Will use jazz or dance paws shoes in class as well.

**LYRICAL** - "telling of a story through dance." This requires more interpretations than ballet, incorporating leaps & turns, ballet technique & expressive body language.

**CONTEMPORARY** - A style of MODERN dance that rejects the limitations of classical ballet, yet the training is required. This favors movement deriving from the expression of inner feeling...flexed feet, contraction, floor work, contagions etc Not as much leaping and turning as in a lyrical class. Contemporary Jazz or Lyrical may be explored in class. Must already have a strong background in proper technique. Permission required.

**TUMBLING/ACROBATS** - mat tumbling, floor work only. Backbends, partner work, crab walk, front rolls, back rolls, cartwheels, one-handed cartwheels, round offs, front and back walkovers, front and back handsprings, tucks, aerials, acrobatic tricks. We emphasize technique.

**TAP** - Making music with our feet! Rhythm & coordination of taps on toes & heels. Will still bring focus to upper body choreography as well. You can start tap at any age but patience in the beginning stages is a must!

\*\*Levels will be determined by age, ability, proper dance technique and experience. Teachers will place the students in the proper level. During September/October it may be necessary to move your child to a different level. You will be notified. Let a staff member know if you need further clarification on our classes offered. A COMBO class will focus on both styles and hence there will be two costumes/two routines in the recital.